



OLIVE BRANCH PSYCHIATRY

35 SE 1st Ave Suite 200J
Ocala, FL 34471
(352)234-3332

Julie Cruse, DNP, APRN, PMHNP-BC

Controlled Substance Agreement

Controlled substances can often be evidence-based medication used to treat various psychiatric conditions. Based upon their risks, however, it has been determined by the Drug Enforcement Agency (DEA) that stricter control and rules regarding their use must be observed. This Policy is to ensure the provider and the patient have the same expectations and understanding.

- Medications such as stimulants, benzodiazepines, sleep aides may be considered appropriate for your treatment. At this time, your visits can be conducted in person or via telemedicine. It is important to understand that these medications are closely regulated by the DEA and it is possible in the future, they may require an in person visit prior to initiation or annually.
- An annual drug screen is required at least once per year. Additional frequency of this testing is solely at the discretion of the provider, depending upon her assessment and clinical judgment. The results of this testing will have a direct impact upon the prescription of any controlled substance.
- If you have any cardiac history, an EKG may be required prior to initiation of any stimulants.
- Vital signs are required at every visit. This is a requirement whether in person or via telemedicine. Weight, blood pressure, heart rate will be the minimum requirement. This is for your safety and appropriate monitoring.
- Frequency of visits will be determined solely by the clinician. Generally, plan to be seen by the clinician monthly if you are requiring the use of controlled substances for your mental health.
- If you are coming to OBP on daily or multiple times daily benzodiazepines, please keep in mind this is against best practice guidelines and against my prescribing practices. We will work together to taper you down, however, if you do not wish to make changes, understand this may not be the best practice for your mental health needs.
- If you are taking opiate pain medication, a consultation between myself and the prescriber of your opiates will be required before any additional controlled substances are prescribed by myself.
- I will not prescribe stimulants and sedatives concurrently. It is extremely unsafe and puts the systems of the body in a situation of intense pressure, being asked to both speed up and slow down at the same time. It can lead to many very serious health effects including cardiac arrest or failure, respiratory arrest or failure, overdose, coma or death.
- Marijuana use, whether legally via a medical marijuana card or not, will prevent the use of controlled substances to treat your mental health at this practice.
- Early refills of Controlled Substances is not allowed, no exceptions will be made regardless of the reason.
- The Florida PMP Aware E-FORCSE system is routinely checked prior to every controlled substance prescription. This is a legal requirement, and the results of this report are considered at each visit to determine the safety and appropriateness of prescribing of controlled substances.
- There is no guarantee, direct or implied, that your controlled substance will be continuously prescribed, regardless of previous prescription. Many factors are evaluated and the provider reserves the right to reduce dosing, frequency, or in some cases to stop these medications if it is determined to be unsafe.

Printed Name

Date of Birth

Signature

Today's Date