## Hamilton Anxiety Rating Scale (HAM-A)

	ow is a list of phrases that de which he/she has these condi	•			patients by finding the answer wof the fourteen questions.	hich best describes the extent	
0 =	Not present,	I = Mild,	2 = Moderat	e,	3 = Severe,	4 = Very severe	
ı	Anxious mood	0 [] [2]	3 4 8		Somatic (sensory)	0 1 2 3 4	
Worries, anticipation of the worst, fearful anticipation, irritability.				Tinnitus, blurring of vision, hot and cold flushes, feelings of weakness pricking sensation.			
2	Tension	0 [ 2 [	3 4				
Feelings of tension, fatigability, startle response, moved to tears				9 Cardiovascular syr	Cardiovascular symptoms	0 1 2 3 4	
easily, trembling, feelings of restlessness, inability to relax.				Tachycardia, palpitations, pain in chest, throbbing of vessels, fainting feelings, missing beat.			
3	Fears	0 1 2	3 4				
Of dark, of strangers, of being left alone, of animals, of traffic, of crowds.				0	Respiratory symptoms	0 1 2 3 4	
				Pressure or constriction in chest, choking feelings, sighing, dyspnea.			
4	Insomnia	0 1 2 [	3 4 11	I	Gastrointestinal symptoms	0 1 2 3 4	
Difficulty in falling asleep, broken sleep, unsatisfying sleep and fatigue on waking, dreams, nightmares, night terrors.				Difficulty in swallowing, wind abdominal pain, burning sensations, abdominal fullness, nausea, vomiting, borborygmi, looseness of bowels, loss of weight, constipation.			
5	Intellectual	0 [ 2 [	3 4	J <b>V</b> V (	ers, ross of weight, constipation.		
Diff	ifficulty in concentration, poor memory.			2	Genitourinary symptoms	0 1 2 3 4	
					uency of micturition, urgency of r		
6	Depressed mood	0 1 2		menorrhagia, development of frigidity, premature ejaculation, los		, premature ejaculation, loss of	
Loss of interest, lack of pleasure in hobbies, depression, early waking,				libido, impotence.			
diur	rnal swing.		13	3	Autonomic symptoms	0 1 2 3 4	
7	Somatic (muscular)	0 1 2 [		Dry mouth, flushing, pallor, tendency to sweat, giddiness, tension			
Pair	ns and aches, twitching, stiffn	ess, myoclonic jerks, g	grinding of he	ead	ache, raising of hair.		
teeth, unsteady voice, increased muscular tone.				4	Robavian at internious		

14 Behavior at interview

0 1 2 3 4

Fidgeting, restlessness or pacing, tremor of hands, furrowed brow, strained face, sighing or rapid respiration, facial pallor, swallowing,